

Volunteer Trip

September 26 - October 5, 2020



Help to BUILD SOMETHING

that will forever change a family's life, with your very own hands.



Discover a COMMUNITY

of love and simplicity, which benefits hugely from every act of support and kindness.



Learn about YOURSELF

as you find strength to serve, and new levels of compassion and gratitude.

Itinerary in a Nutshell

- Saturday afternoon – Fly Out
- Sunday morning – Arrive Colombo
- Sunday afternoon – Bus Transfer to Jaffna
- Monday to Friday – Work on Build
- Saturday morning – Workshop and Games with Hostel girls // Explore Jaffna
- Saturday afternoon – Take community children to park and out for ice cream
- Saturday evening – Team Supper... a well-deserved 'Bravo!'
- Sunday lunchtime – Bus Transfer to Colombo
- Monday morning – Fly Home

1

ITINERARY

Discover what a Dust Project Trip consists of in this day-by-day guide.

2

TRIP COSTS

Find a breakdown of the trip costs, as well as tips on how to start fundraising!

3

MORE INFO

For all the nitty-gritty questions, curiosities and practicalities to think through.

Itinerary Breakdown

Recommended Flights

Volunteers are responsible to book their own flights. (It is imperative you arrive *at* or *before* the below arrival time, as the Team will be leaving directly for Jaffna from the airport.)



OUTBOUND — SATURDAY, SEPTEMBER 26

EK066 & EK650

Stansted STN to Colombo CMB

15:00 - (Layover Dubai) - 08:35 +1

RETURN — MONDAY, OCTOBER 5

EK651 & EK067

Colombo CMB to Stansted STN

10:05 - (Layover Dubai) - 18:45

Sunday Morning — Arrive Colombo

Claim our luggage, have a stretch, then continue our journey north with *Different Discovery Tours*, in the comfort of a luxury Air-Conditioned bus. We will enjoy scheduled stops along the way in reputable establishments for toilet breaks and food.

Arrival in Jaffna at approx. 7 pm, Sunday evening.

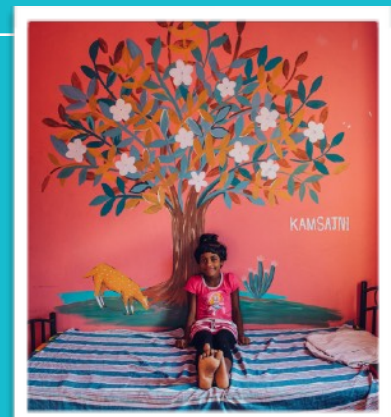
HOTEL STAY IN JAFFNA (7 NIGHTS)

Hotel stays in Jaffna and Negombo are included in Trip Cost.

The Valampuri (less expensive, though perfectly adequate and accommodating) <https://www.valampurihotel.com>, and

The Jetwing NorthGate (slightly more expensive, a bit more luxurious) are directly across the street from one another in Jaffna town center, so Volunteers may choose their preference (small price differential reflected in Trip Costs).

<https://www.jetwinghotels.com/northgate/>



Monday to Friday — THE BUILD



Morning Assemblies

Each morning, we will have the option to break into smaller groups to host the School Assembly at The Dust Project's Primary School. These are fun and pressure-free times, where we can teach really short lessons, play a little game, sing a silly song, etc. (The kids are SO CUTE!) Those who would like to be involved will have transport arranged for them, and meet the rest of the team at the Build site directly after.

Team BUILD

There will likely be 2 building projects happening this trip. Ten Volunteers this year will be sent from Hiscox, a Global Insurance Company we have been partnering with to raise funds to build a new school! Their representatives will hopefully be working on the school itself. If, however, that is not possible, DP (The Dust Project) will have another project for them to dig into.



Regardless, we hope to spread our team over 2 working sites, intermingling as necessary, so everyone can find their niche and feel a sense of achievement. There are tasks for all strengths, staminas and desires— from painting, to shoveling, carrying loads, bricklaying and pointing, rubbish clear-up, pit-digging, etc.

You need have no special skills or DIY abilities— however, we must warn you, the physical demands are high because of the intense heat, humidity, and nature of the build and environment. You certainly don't need to be Iron Man, but we DO need you to be aware that the work/heat/humidity can be extremely taxing. If you're uncertain, or you have any pre-existing conditions and you'd like to ask someone's opinion before booking, please don't hesitate to email us at info@thedustproject.com.

During the day, we'll be supplied with bottled water and lunch on-site, with additional coconut and lime juice breaks mid-morning and mid-afternoon. In the late afternoons, we try to carve out time for a game or two with the orphanage kids, before heading back to our hotel in Jaffna for a well-deserved shower before supper.



There are several dining options in Jaffna, and we usually discuss as a team throughout the day who wants to eat where, then make a plan for each evening. There will be times we eat together as a big group, or break into smaller groups, or rely on room service! All are totally optional, and up to you whether or not you wish to join on the night.

Saturday — Play Day and Explore

Our fun, free day after a week of hard labour.

In the morning, we'll hold an Arts and Crafts session with the Hostel girls, and afterward plan to play a few rounds of 'dog and meat' (their absolute favorite game!), before heading back into Jaffna for lunch.

Equally, if you prefer to spend the morning resting and swimming at the Hotel, or exploring the Jaffna Peninsula, you're very welcome to do so.



In the afternoon, we'll all congregate at the park to play with the village children, before taking them out for ice creams as our special treat! After ice cream, it's time to bid them all a fond farewell.

Saturday evening is the perfect chance to share a relaxed Team Supper together in Jaffna town.

Sunday — Transfer to Colombo

For those who wish to join us, we'll congregate one last time with the Irupalai community at New Living Flame Church for their morning service, in the heart of the Dust Project village. This can be a great way to experience something that's uniquely part of their local culture and honor them as a community; however, this activity is totally optional. After the service we'll all meet up to board the bus for a noon departure, headed south to Colombo.

HOTEL STAY IN NEGOMBO (1 NIGHT)

Hotel stays in Jaffna and Negombo are included in Trip Cost

The Terrace Green Hotel, near Colombo Airport. <https://www.terracegreenhotel.com>

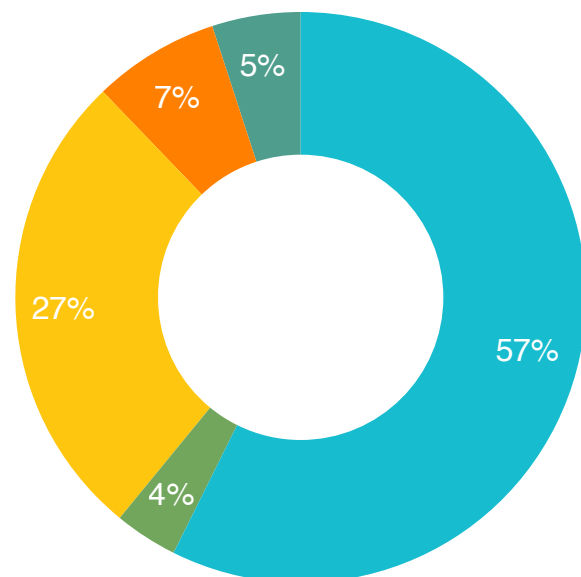
Monday — Fly HOME

Catch a transfer bus from our hotel to Colombo airport, to board our morning flight back to London.

Trip Costs

Autumn 2020

THE BUILD - YOUR 'FUNDRAISING TARGET'	
Project Materials and the Work of the Charity	£800
PERSONAL TRAVEL COSTS - YOUR 'TRIP'	
Lunches, Water and Snacks – Build Days	£50
Hotel Stays and Breakfasts – 8 Nights	£375
Charity Admin, Local Builders and Jaffna Staff	£100
Long Transfers and Team T-Shirts x 2	£70
TOTAL COST	£1,395



We're going on the trip in order to build and serve.

There is great need, and we can actually help! Whether it's a house or another meaningful project— like a school, orphanage, community center, well, toilet block, etc.— we can make a physical, tangible difference for one family or many. We are all unpaid volunteers, working with The Dust Project to try and meet real needs in simple, heartfelt ways. Though we with DP are consistently putting on events and doing our best to raise funds for every aspect of the Charity, we find the need outstrips our supply! Therefore, a percentage of the overall cost of the building materials and supplies needed in order for your team to have a project on the ground, ready to tackle, has been built into your overall trip price.

Upon registering for a Trip, we'll send you all the details of the family whose home (or which community project) you'll be working on with your very own hands come trip time. As you get to know their situation, and the eternal difference your efforts will make in their lives, you'll find your heart growing warm, and fundraising not only easier than you thought, but a JOY!

- The Build – Your Fundraising Target!
- Lunches, Water and Snacks – Build Days
- Hotel Stays and Breakfasts – 8 Nights
- Charity Admin, Local Builders and Jaffna Staff
- Long Transfers and Team T-Shirts x 2

To build a home (from planning permission to completion, NOT including the cost of the land) in the suburbs of Jaffna, Sri Lanka, is approx. £6,600.

To build a well from scratch is £935, and a toilet block is the same £935.

Trip Costs

can vary slightly according to your budget.

(Let us know your preference when paying the deposit, and we'll book your room accordingly!)

Single Room at the *Valampuri*, Jaffna – £595 Trip + £800 Fundraising Target

<https://www.valampurihotel.com>

Single Room at the *Jetwing NorthGate* – £700 Trip + £800 Fundraising Target

<https://www.jetwinghotels.com/northgate/>

Traveling with a friend or spouse?!

If you **Share a Room**, your cost *each* – £515 Trip + £800 Fundraising Target

<https://www.jetwinghotels.com/northgate/>

What does the 'trip' price include?

- Your **bus transfer** to Jaffna and back to Colombo,
- Your **hotel stays** and **breakfasts**,
- Your **lunches, water** and **snacks** on build site,
- Two customized **team t-shirts**,
- Administrative fee for the Charity to continue its work, and pay for local laborers, materials and staff.

(this price does NOT include...)

- Your **airline ticket** for flight to Colombo (as of now, this is £555 with Emirates),
- Your **evening meals** and drink, and any **extras**, souvenirs or snacks you wish to purchase in Jaffna or on the journey there and back.

What do we mean by 'Trip' and 'Fundraising Target'?

The 'Trip' is comprised simply of the costs involved in your physical journey (and a small fee which the Charity uses to pay our local Sri Lankan staff, fractionally help with the travel expenses of our experienced trip leaders, and continue the work of the Charity in the UK).

The **Trip Cost** we will require as a direct payment through PayPal or via Bank Transfer.

The 'Fundraising Target' is a percentage of the overall cost of materials needed to actually BUILD the project you're going out to help with! This sum is put toward the sand, cement, planning permissions, equipment and local laborers needed to keep the projects going. If the home you're going out to build becomes fully funded, any spillover funding goes directly to build the WELL and TOILET for the same family. Equally, if you're going out to work on a community project, any spillover funding will go toward the next project or family in need.

Upon registering for a Volunteer Trip, we (The Dust Project) will help you set up a Donation page through wonderful.org. You can use this page to direct your friends and family to, as you start telling them about the thrilling Volunteer Trip you've just signed up for, the specific situation you're going to help alleviate, and **how they can help YOU help OTHERS.**

And don't worry... fundraising can actually be super easy and fun! Keep reading for ideas and inspiration. Also, please don't forget... we're here to help you all the way. If you need to chat through an idea, or want some inspiration, email tiffanys@thedustproject.com.

So how do the payments work, and why are they separate?

As a Charity, we're able to claim *GiftAid* on donations for the work of the Charity, but NOT on goods or services. For this reason, **we cannot claim GiftAid on your Trip Cost** — and it's best to keep it a separate field entirely for accounting purposes — **which is why we require it as a direct payment through PayPal or via Bank Transfer.**

However, **we CAN claim GiftAid on the charitable donations** made by yourself, friends, family, etc. through the personal **Wonderful Giving Page** we will help you set up — as these funds go directly to the work being done in Sri Lanka.

Your Fundraising Target needs to be met through your Wonderful Giving Page. If your friends, family, co-workers, community, etc. wish to give, you should direct them to give there.

Sorry, but your Fundraising Target does NOT include the extra amount tallied with GiftAid. Don't worry though... That extra bit is super helpful and will be put toward the build, too! **Bonus!**

Wait a minute... can I still fundraise for the ENTIRE cost of my trip, or do I HAVE to pay for the 'trip cost' out of my own wallet?

Of course you can fundraise the entire cost of the trip! We know from vast experience that your friends, family, co-workers and community are likely going to want to get involved in your adventure, even if in a small way. Fundraise 'til your socks fall off!

All we ask is that you keep everything 'above board.' ***Make the following points very clear*** to those whom you're asking for sponsorship — where their money will go, what your personal travel costs are (if that's what you're fundraising for), what their charitable giving will be used for, and exactly which project you'll be working on. People might feel more comfortable giving through your Wonderful page, as they know that money will go directly to the Charity and building work. However, if Grandma wants to give you £50 cash to go toward your airline ticket, use it for your airline ticket!

If you hold a cash event— get in touch with us, and we'll help you with the easiest way to get that wad directly into The Dust Project's account, and chiming with your overall Wonderful tally. ***If you're holding a sponsored event or 'day'*** at your gym, office, community center, or in any other public space— make sure to acquire permission from the proper authorities first. ***If you're holding any kind of event on your street or asking door-to-door*** in your neighborhood, you need to reach out to the local Council for permission first.

As The Dust Project, we highly value transparency and honesty, as donations are precious extensions of peoples' hearts, and money they could be using elsewhere. We never take a donation for granted, and we're always incredibly grateful for even the smallest amount people choose to give. We want to honor that trust, as we're sure you do, too. As such, we're an accredited Charity (No. 1155728), and all our accounts are accessible through the Charity Commission.

For more info or advice on fundraising, check out <https://www.gov.uk/guidance/fundraising-legally-and-responsibly>. Also, keep reading for more tips and ideas on how to get started!

Registration Process and Payment Schedule

Interested in coming on the Trip? Let us know!

Email Tiffany at tiffanys@thedustproject.com or call 07510 121273.

Seriously interested in coming?! Get in quick!

There are limited spaces on each trip, and this one is *filling up fast*.

Volunteer Application Cut-Off is May 31, 2020.

We'll need a £200 non-refundable deposit from you to secure your place.

This amount will be deducted from your Trip Cost.

We just need it as your virtual 'handshake' that you're *IN*, as we will thenceforth deny all other applicants that place in the team.

We will then require the remainder of your Trip Cost by no later than July 1, 2020.

(We need these funds in order to go ahead and book your rooms, transport, and buy building materials, etc.)

And to fulfill your commitment as one of the team, we then anticipate seeing your **Fundraising balance of at least £800*** on your 'Wonderful Giving' Page, **by no later than August 31, 2020.**

So to Recap...

£200 DEPOSIT – ASAP (CUT-OFF MAY 31, 2020)

REMAINING TRIP COST – DEADLINE JULY 1, 2020

£800 FUNDRAISING TARGET – NAILED! AUGUST 31, 2020

*We understand life can be busy and unpredictable. If for any number of legitimate reasons, you are unable to raise the £800, as a Charity we will allow leeway of up to 25% – meaning £600. If your total is below that mark, we would hope you'd be personally committed enough to pay the difference yourself. If you're unable or unwilling to meet the £600 mark, however, we reserve the right to reallocate your place in the team to someone else– though we will always be in communication with you about it, and will approach each instance case by case. Even in the most extreme of situations, we would do our best to refund your Trip Cost, but would be unable to refund your deposit; and any charitable donations made would be non-refundable.

Remaining Tidbits and Important Info

IMMUNIZATIONS

Make sure your immunizations are up to date!

Ask your doctor what the NHS would recommend for a trip to Sri Lanka, or visit <https://www.passporthealthglobal.com/en-gb/destination-advice/sri-lanka/> to find out what is recommended. Book yourself in for immunizations **SOONER rather than later**, as some of them **take time to develop** immunities in your system, and others might **need to be given in stages, sometimes weeks apart**.

DBS CHECKS

DBS Checks are now mandatory for each volunteer joining us in Sri Lanka.

Because an integral and precious part of each trip involves interaction with the children of the community (local families, school kids, and those in the orphanage), it is now DP Policy for each Volunteer to undergo a Standard DBS check.

We use the *Criminal Record and Barring Service's* online portal. **Upon signing up for the trip, we will send you a link to follow**, where you can fill out your information using their DBS Check service. (Please note – **CRBS charges £22** for this check, which you will need to budget for, and pay upon application directly to CRBS.) The Dust Project will then be notified by email once your check has been completed and verified! Easy as pie! And **safe**, which is what we care about.

TRAVEL SAFETY

It's always wise to keep an eye on Global happenings before we jet off. Here are some good resources to keep in touch with safety ratings, any travel precautions, etc.

<https://www.who.int/countries/lka/en/>

<https://www.gov.uk/foreign-travel-advice/sri-lanka>

TRAVEL INSURANCE

You're responsible for **your own travel insurance**. Sometimes this is provided through your Bank Account (might be worth checking!), or can be bought with your airline ticket or by other means. **Just don't forget!**

VISA FOR ENTRY

You're also responsible for **obtaining your own VISA** to visit Sri Lanka. These are easily obtained, **cost around \$35**, and can be done even in the days leading up to the trip. *Again, just don't forget!*

To apply, simply visit <https://eta.gov.lk/slvisa/>.

***A word of caution** – There are loads of websites that will claim to 'help' you get a visa. Basically it's the exact same process, but they take you through a 'middle man' to get an extra fee from you. Beware. When you sign up for the Trip, **we'll send you a little guide** on how exactly to apply. It's a super simple, step-by-step process.

PHOTO RELEASE FORM

We usually get loads of FANTASTIC photos from each trip, and like to use them for publicity, trip write-ups, and sharing amongst the team. You'll need to **sign a Photo Release Form**, giving us your permission to use the photos we take and collect in appropriate ways thereafter.

Don't worry... you're gonna look great!

On the Ground in Sri Lanka

MONEY — SRI LANKAN RUPEES

We usually just use the ATM machines at the Colombo airport for an initial withdrawal to get us started. There are also a few ATM machines on the way to Jaffna, and in Jaffna itself. The only things you'll need money for are evening meals and drinks, and any snacks, souvenirs, etc. you may want along the way. We usually say to **budget about £10 per day** (the food is amazing, and super affordable!), but of course, it depends entirely on what you choose to buy! At our hotel, and at **some** of the restaurants we like to frequent, they accept card payments; but cash is usually easiest. **Be sure to notify your bank if you intend to use your debit card abroad!**

We personally like to use our *Revolut* cards when we travel, as it notifies us of all purchases, keeps track of how much we're spending on what, and has an excellent exchange rate. There are several other variations of this, too. We've listed a few below, in case they sound appealing!

<https://www.revolut.com/>

<https://monzo.com/>

<https://www.starlingbank.com/>

DRESS CODE

Sri Lankans (especially in the north) live in a **very modest culture**– and respecting their culture is important to us when we travel there. Women tend to wear loose skirts which cover the knee, and their shoulders, midriffs and lower necklines are always covered. Men exhibit a varied wardrobe– from trousers, wraps and shorts, to button-down shirts, tees and tanks.

Now, because we're going there to work hard in the heat and humidity, we understand that it's not comfortable to have loads of clothes on, sticky and hindering; yet we also **want to respect their values**. After years of Build Trips, we feel we've hit on the compromise (especially as regards women's apparel)!

Traveling and Evening Meals

Whilst traveling, we want you to be comfortable but appropriate. In Colombo, on the bus, and in the evenings, we're just tourists – so bring a few **summery dresses and clothing to wear for evening meals**. We simply ask that you wear clothing suitable to cover your midriff, not be TOO revealing around shoulders/bust, NO miniskirts or super-short shorts (keep them mid/lower-thigh, please), and no super-tight garments.

Also, though typically it's extremely warm during the day, if a breeze picks up at night a light sweater can sometimes feel good. It can also be rainy during certain seasons, so a light rain jacket could potentially come in useful.

To Build

We strongly recommend ladies wear leggings which cover the knee, with loose shorts or a skirt over the top, to cover the thigh (as *leggings alone* are too tight and revealing around the bum). For tops, **we cannot allow tank-tops, strappy tops, or anything that shows a great deal of shoulder or bra strap** (nothing see-through either!). You CAN, however, wear sleeveless t-shirts (just cut the sleeves off). This way, you still have full mobility, and the essentials are not only covered, but modest.

See our lovely model here for a full visual. She nailed it!

Men, you can get away with normal work kit. Shorts (not too short), tees, decent tanks. You should be fine.

By all means, if you want to go all out on the best 'keep cool' shirts and high-technology fabrics, do! We tend to find, however, that **cotton is our friend**– especially when you've been digging a pit all day in the hot sun, and it's all dirt and sweat. **For those with sensitive skin or profuse sweaters, we recommend a change of t-shirt at lunch time.** Your skin will thank you!



For footwear, it's hard to know what to recommend. We'll be working with cement blocks, shovels, pick-axes, wheelbarrows, etc. **Mobility is key**– monkeying in and out of partially dug holes and carrying bricks around obstacles– **yet protection is also necessary**. Some years, people have wore steel-toed shoes or boots for extra protection. Some of them loved the safety, while others found them WAY too hot and heavy for the Sri Lankan climate. Alternatively, you can wear trainers for extra mobility and aeration, but you sacrifice the safety rating.

Ultimately, footwear is your choice. (Often, whatever we wear, we'll use for the week, then donate to the local builders, as most of the Sri Lankans are in flip flops! But this, of course, is totally optional.)

A note from Tiffany, a DP Trustee – Ladies, don't bring your favorite gym kit! The dirt will forever stain whatever you wear. I personally wear cotton leggings from H&M (or similar) that hit just below my knees, and last year I found loads of flowy shorts in M&S clearance, which I wear over the top. I also wear cheap cotton t-shirts, which I usually rip the sleeves off of – which means my shoulders are covered from the sun, but I still get air flow. I also like to buy large handkerchiefs, and wear them like a do-rag so sweat and sunscreen don't get in my eyes! Often I'll throw a baseball cap on top, just to shade my eyes and nose from the sun. For footwear, I bought some hiking shoes on sale last year to wear. They are slightly sturdier than normal trainers, yet not so hot and clumsy as builder's boots! I look ridiculous, but at the end of the day we're all so dirty, it doesn't really matter what you're wearing! And something to bear in mind if you can't decide what to pack – this trip is anything but 'pretty' or 'trendy'. It's a different kind of beautiful. The ultimate beauty of SERVICE. Can't wait to have you on the trip!

P.S. Some people choose to wear their Dust Project Team tees for work, whilst others keep them for nice. If you're indecisive, use one for work and keep the other one clean for the evenings!

FINAL PACKING TIPS

Here are a few other necessities and things to consider throwing in...

- GLOVES. **Don't forget gloves!!** (We recommend you bring two different pairs of sturdy, leather gloves. If you feel a blister thinking about forming, sometimes it's nice to be able to switch gloves.)
- Anti-bacterial wipes and gel for hands/food,
- Sun and Bug protection – baseball cap, sunglasses, hard-core sunscreen, aloe vera gel, bug spray,
- Snacks for daytime and bus rides (especially in case you're not into curry, or are vegetarian, etc.). Things like nuts, seeds, dried fruit, wasabi peas, granola bars, mints, jerky, etc.
- Hydration tablets,
- Basic medical kit – your preferred painkillers, blister protection, Antihistamines, daily meds, etc.
- Totally Optional! ...But if you want to bring **goodies for the kids** – simple, small toys (nothing battery-operated), art and craft supplies, school supplies, dolls (the girls LOVE DOLLIES),

donated clothes, sweets (non-melting varieties), LEGOS (the boys are crazy about them). And apparently they ALL (but especially the girls in the hostel) LOVE crackers – like Ritz cheese crackers, etc.

- Plug adaptor (though our hotels will likely have UK plugs)
- Ideas for songs with hand-actions or simple activities/calisthenics you could teach the kids at a school assembly.
- Ideas for games to play with the kids. (Don't worry, they have their favorites; but if you've got a good group game that works across 2 languages, please share the idea!)
- Our hotels serve breakfast, including coffee; but I like to bring a small, single-serve cafetière or Aero-Press to use in the hotel room. I also like to bring peppermint tea bags for the evening.
- Your swimsuit.

**For more info about The Dust Project,
our ethos and the work we aspire to, visit**

<https://www.thedustproject.com/>

Any questions about the trip or in general, please feel free to email Tiffany at tiffanys@thedustproject.com or call 07510 121273.

**We look forward to hearing from you,
and hopefully having you on the Team!!**

**WARMLY,
THE DUST PROJECT**

Fundraising CAN be fun... Trust us!

STEP #1— START SPREADING THE WORD!

If you've just signed up for the trip, [share your experience and excitement](#) on Facebook, Instagram, with your family on WhatsApp... and tell your friends, coworkers, community club, workout group, etc. about it the next time you see them. We've found recurrently that people *become inspired* when their friends and acquaintances choose to do something humanitarian or 'outside the box', and *are excited to share in the story*, even if in a small way.

STEP #2— PICK SOMETHING NOVEL, HILARIOUS, OR SET YOURSELF A GOAL

**Our modern fundraising culture is becoming increasingly fun, quirky and inventive... so don't be shy!
Have an idea? Go for it!**

Or if you've always wanted to do something – climb that mountain, take that walk, host that Harry Potter themed dinner party – but have never found the willpower, time or incentive... **NOW is your PERFECT MOMENT.**

MAKE IT AN EVENT

**With friends and family, the possibilities are endless...
Simply ask for a 'suggested donation' as an Entry Fee
and Have FUN!**

- Board Game Tournament
- Coffee Morning
- Afternoon Tea
- Barbecue
- Movie Night
- Barn Dance
- Kids' Play Date (with Slip'n Slide, Bouncy Castle, Face Painting, etc.)
- Murder Mystery Evening
- Curry Night
- Fireworks Night
- Garden Party
- Newlyweds Gameshow Night
- Guest Speaker Lecture
- Teddy Bear Picnic
- Jewelry Making / Craft Day
- PlayStation Playoff
- Sports Match / Rugby / Football Tourney
- Welly Throwing / Watermelon Seed Spitting Competition
- Valentine Party
- Easter Egg Hunt
- Scavenger / Treasure Hunt
- Opera Night / Concert
- Quiz Night
- Variety Show

- Film / Book / Era-Themed Evening (Jane Austen, Game of Thrones, Great Gatsby, etc.)
- Car Wash
- Art Show / Garden Exhibition
- Charity Ball
- Dinner Party
- Dog Show
- Bingo

SPONSORED SHENANIGANS

**Pick something wild, or set yourself a good challenge...
The more 'unlike you' or admirable, the more people will want to sponsor you!**

- Shave your Head
- Alcohol / Cigarette / TV / Sugar-Free Month
- Cycle Ride
- Long / Unusual Walk
- Wild Swimming
- Marathon / Half Marathon / 5K Run
- Color Run
- Kite Flying
- Fast / Detox
- Dance-Off
- Night Walk
- Vow of Silence
- Hula Hooping
- Waxing
- New Years Resolution
- Karaoke
- Skydive / Abseil
- Neighborhood / Roadside Rubbish Clear-Up

ITEMS FOR SALE

The perfect excuse to clear out your Attic or Closet, or show off your green thumb or culinary skills!

- Jumble Sale
- Car Boot Sale
- Bake Sale
- Vintage Clothing Sale
- Plant / Seedlings Sale
- Craft Sale

AT THE OFFICE

You're around them all day, every day... let your co-workers share in the fun!

- Dress-Down / Fancy Dress Day
- Raffle
- Office Olympics
- Heads and Tails Trivia Game
- Special / Catered Luncheon
- Guessing Game (how many pennies in the jar, weight of the cake, etc.)
- Sweepstake

STEP #3— GET GOING

You've chosen what you want to do. Now it's time to get practical... and get going!

Find an appropriate venue or space, and plan your date and timings.

Start publicizing!

- use Social Media to your advantage, and get Instagramming!,
- share your event with Community Facebook groups, friends, family, and distant relatives,
- make flyers to hang up in your local grocery store, Post Office, Library or Community Notice Board,
- make personalized invitations and fine-tune your guest list,
- make posters for your office space or event venue.

Figure out what you need, then put it all into action.

- Do you need help? Enlist a friend, spouse or close family.
- Need to start training? Find what gives you motivation! Maybe print out the details of the family you'll be helping, and put them up on your fridge or bathroom mirror for extra, daily motivation.
- Going from couch to 5K? Go online for training plans and support pages. Use an app to help track your progress. Find music playlists designed to get you moving!
- Hosting an event? Go to Pinterest for ideas on decorations, games to play, possible thematic elements. Look for visual inspiration, and go with it!

Summer is coming up, and is a **GREAT** time for backyard BBQs, Sponsored climbs up Mount Snowden, 100 sponsored laps of wild swimming, or having the neighborhood kids over for a bouncy castle and cake!

Whatever you've chosen, keep it fun, and keep your **WHY** in mind.

Why are you putting all this effort into a trip?!

Because you want to **MAKE A DIFFERENCE**.

Because you want to **SERVE** and to be part of something outside your daily 9 to 5.

Or maybe because you feel you have *more than enough*, and you want to share it with those in this world *who don't*.

Recognize and keep hold of your WHY. It will help carry you forward.

Happy Fundraising and **ALL** our Best,

The Dust Project